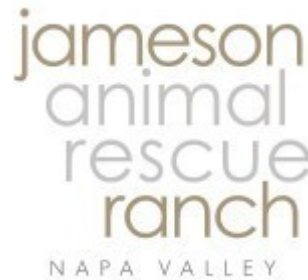


[View this email in your browser](#)



## All You Need is **Love!**

*"Until one has loved an animal a part of one's soul remains unawakened." - Anatole France*

Through our [Community Animal Assistance Program](#) our team responds to calls every day for animals in desperate need of our help. One such call came from Clearlake in Lake County – an area known for its poverty and lack of resources for people and animals. Concerned neighbors were hoping we could help with two dogs who had been left alone when their owner died. The caring neighbors had been feeding them but could not take care of them long term. Both dogs had spent their entire lives chained in the yard. We travelled up to Clearlake to free Isaac and Bob Barker from their chains and have taken them into our program to find them loving homes.

Watch the videos of their rescue here: <https://youtu.be/HY6xgzl4mes>

Isaac was diagnosed with heartworm and has started the expensive treatment but will make a full recovery. (*Heartworm is a serious and potentially fatal disease for pets, which can cause lasting damage to the heart, lungs and arteries, and can affect the dog's health and quality of life long after the parasites are gone. Depending on the weight of the dog, treatment can start at \$600+ and can last several months.*)

Both dogs are absolute sweethearts and are available for adoption. Check out what a good boy Isaac is having his blood drawn here! Please contact Deassa Binstock at [deassa@jamesonrescueranch.org](mailto:deassa@jamesonrescueranch.org) for more info. (Please note: Unless very special circumstances, only adopt animals to people living in the Bay Area)



### Committed to Helping Low-Income People Keep Their Pets Healthy!

Our next FREE vaccination & microchip clinic will take place on March 4th in American Canyon. If last year's clinic was anything to go by we can expect a huge turnout. The need is great and JARR is dedicated to helping our community keep their pets healthy and in their homes. We also offer an unlimited number of free spay/neuter vouchers in partnership with Napa Humane.

**Sunday, March 4th**

11 am – 1 pm

American Canyon Senior Center, 2185 Elliott Drive, American Canyon

No RSVP required. The first 200 dogs & cats will get FREE vaccinations & microchips.

For more info call our hotline: 707.927.3536



### Spay/Neuter Saves Lives! Partnering with Napa Humane.

This month we have partnered additionally with Napa Humane to offer FREE spay/neuter surgeries for cats in Napa, Lake and Solano Counties as part of our commitment to help reduce the overpopulation of pets and to reduce the animal shelter euthanasia rate. If you have a cat that needs spaying or neutering call **Napa Humane to make an apt at 707.252.7442** and mention JARR. Stay tuned! We expect to have some more exciting news about another spay/neuter opportunity!



JARR Co-Founder Monica Stevens (left) and Napa Humane Executive Director, Wendi Piscia

Photo courtesy of Sally Seymour

## Adopt Don't Shop!



**Nancy** is about nine years old, and fifty pounds of enthusiasm for human company. She is working on her basic house manners, but she's a very quick study so no fears on that score, and she already has some tricks up her sleeve (er, fur), like a most excellent "sit!" Nancy is crate trained, good with kids, doesn't demand a lot of exercise but does love to cuddle with humans. She wants to be the one and only pooch in your life.

If you would like more info on Nancy please email Deassa Binstock at [Deassa@jamesonrescueranch.org](mailto:Deassa@jamesonrescueranch.org)

Camille is as gorgeous as a movie star, and just like Ms. Garbo this seven-year-old lady does prefer to be alone. Except for human company, of course. Camille has lived with other cats, but will seek out her people before hanging out with the feline gang. That said, she is sweetness personified, with elegant manners, to match her splendid fur coat. If you would like to meet Camille, please email Deassa Binstock at [Deassa@jamesonrescueranch.org](mailto:Deassa@jamesonrescueranch.org) or visit her at Ella's CatHouse & Catnip Bar, 1009 Caymus St., Napa during opening hours.



Love Tofu, love Curry? Try this **OIL-FREE TOFU CURRY** recipe courtesy of Napa Valley Vegan blogger, [Tonia Brow Brauer](#).



#### Ingredients

- 1 Medium sized diced onion
- 1 diced colored pepper
- 1 cup sliced carrots
- 1 - 16-ounce package of super firm tofu cut into bite size pieces
- 2 - 13.5 ounce cans of full fat coconut milk
- 1 TBSP ground curry powder or to taste
- 1.5 cups broccoli cut into bite size pieces
- 1 Bunch of your favorite leafy greens - kale & bok choy are my favorites. Destem & roughly cut into large pieces

---

Add diced onion to deep saute pan. I added a quarter cup of water instead of oil for browning the vegetables. Saute over medium heat for 7-8 minutes or until the onions are tender. Add water as needed so onions don't stick to the pan.

Add diced pepper & carrots, cover and saute until both are tender (approximately 10 minutes). Continue adding water as needed.

Next, add tofu, both cans of coconut milk, 1/4 cup water, 1/4 cup amino acids, 1 TBSP of curry, salt & pepper to taste. Mix and simmer for 5 minutes. I taste the sauce at this point & add more curry, salt or pepper as needed.

Mix in broccoli & destemmed kale and simmer until they are bright green. Remove from the heat and enjoy on your favorite grain or all by itself!



Don't forget to follow us on Facebook, Instagram and Twitter!

---

*Copyright © 2018 Jameson Animal Rescue Ranch, All rights reserved.*

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

