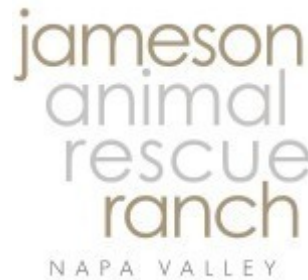


---

[View this email in your browser](#)



**Happy New Year to all of our supporters and  
Happy Birthday to Ella's CatHouse & Catnip Bar!**

Even though officially it's the Year of the Dog, JARR is celebrating our ONE-year birthday of Ella's CatHouse & Catnip Bar. Over 110 cats have found loving homes through Ella's adoption lounge proving that a cage-free casual environment works.

We partner with the [Napa County Animal Shelter](#) (NCAS) to follow through on our commitment to help re-home cats after Measure A was passed in 2016. (Measure A sought to increase the live release rate at the local shelter) So far this year, one-third of our cats have been from NCAS and we continue to help them by taking cats most in need of a cage-free environment. Our collaboration with [Napa Humane](#) who offers us low-cost spay/neuter services enables us to ensure no cat leaves our building without first being spayed/neutered and thereby helping to reduce the overpopulation of cats in our community.



Cats like sweet Goose! His adoption day came, and he found a happy home right here in Napa. Goose is thrilled that he gets to stay a local boy in wine country. He made himself right at home and already has the full set up, with his very own special cat tree.

---

who was adopted by a wonderful family in Clear Lake. Cheeto got his very own catio, two sweet dogs he can aggravate as only cats know how to do and two other cats to boss around with his big paws and a cool cat tree.



### Happy Birthday to Ella's CatHouse & Catnip Bar!



On the weekend of January 27th we will be celebrating at Ella's in earnest so if you are in the neighborhood why not drop by and visit Ella's cats. We will be open from noon to 6 pm. (1009 Caymus St., Napa)

One thing is for sure. Ella's CatHouse would not be possible without our incredible volunteers who show tremendous commitment and love to our rescue kitties. Volunteers past and present have all played a vital role in the success of Ella's and we thank them from the very bottom of our hearts!

If you are interested in volunteering at Ella's please contact Heather Leake at [heather@jamesonrescueranch.org](mailto:heather@jamesonrescueranch.org).

Photo of Ella's volunteers (left): Tim Kennedy

Photo of Ella's opening day (right): Emma K. Morris

### JARR'S THIRD ANNUAL VACCINATION/MICROCHIP CLINIC

*"Never, never be afraid to do what's right, especially if the well-being of a person or animals is at stake." Martin Luther King Jr.*

vaccination/microchip and spay/neuter voucher clinic at [St John the Baptist Church](#) in Napa. The response was incredible, and our JARR team saw just over 150 dogs and cats that day. We are dedicated to helping the low-income community keep their pets healthy and to help reduce the overpopulation of cats and dogs. We also offered a pop-up pet food store to give away free pet food to families in need.

Huge thanks to our amazing volunteers who took time out of their day to help us including Dr Mac from [Silverado Veterinary Hosptial](#), Ryan and Emily from [MAD Dog Rescue](#) our trainers [Kristi Jackson](#) and Natasha, Steve Brauer at [Mercedes Benz of Fairfield](#) who donated the use of a van for the day to help distribute the pet food. Thanks also to [Emma K. Morris](#) for her amazing photography!



Photo Credit for above photos: Emma K. Morris



All rights reserved Jameson Animal Rescue Ranch

We will be holding a second **FREE** vaccination & microchip clinic in American Canyon where we will also be offering spay/neuter vouchers to the first 200 attendees.

Sunday, March 4th (11 AM – 1 PM)  
American Canyon Senior Multiuse Center  
2185 Elliott Drive, American Canyon

---

**Adopt Don't Shop**  
Looking for a furry friend to love? Look no further!





Stella is a lovely young lady (about five years old) who is beautiful and bashful. Sweet and shy, she will grow in confidence with lots of adult affection, and ample amounts of lap time. Love is hers to give in large measure, all she needs is time and reassurance. If you are looking for a feline friend and can spend time with Stella to coax her out of her shell please email Deassa Binstock at [deassa@jamesonrescueranch.org](mailto:deassa@jamesonrescueranch.org) Stella would do best in a quiet home with other calm cats.

## HEIDI

"Velcro" figures in any description of this delightful girl. She is about 50lbs of enthusiasm and has an easygoing smile, great manners and a gentle affection for all other dogs, Heidi is house trained and just plain loves doing anything her people want to do, which includes walks, talks, reading, TV watching, and of course the occasional nap. Heidi had spent months tied up in a yard in Vallejo because her previous humans did not want her in the house. JARR volunteer came to her rescue and now this wonderful girl is ready for a new loving home. If you would like to meet Heidi, please contact Deassa Binstock at [deassa@jamesonrescueranch.org](mailto:deassa@jamesonrescueranch.org)



## Feeling the cold?

### **This hearty plant-based curry recipe will warm your soul!**

"A delightful and easy to prepare curry you will love. It will fill the house with the most pleasant and heart-full aromas. Enjoy with basmati rice or roti or chapatis, and poppadoms. I like to make a raita with this for that extra dynamic. The



## INGREDIENTS

1 large white onion, finely chopped  
1 inch of fresh ginger, finely chopped  
3 cloves garlic, finely chopped  
1 fresh red chilli pepper, chopped  
1 Tbsp refined coconut oil  
1 tsp ground garam masala  
1 tsp ground coriander  
1 tsp curry powder  
¼ tsp asafoetida  
½ tsp crushed cardamom seeds  
salt to taste  
1 tsp maple syrup  
8 mushrooms, chopped  
2 cups fresh baby spinach leaves, roughly chopped  
1 cup cashew cream (made up of ¼ cup raw cashews, blended with ¾ cup water and processed)  
¼ cup fresh coriander/cilantro, finely chopped for garnishing, and a little to add to the curry  
a little hot water  
a handful of golden sultanas

## METHOD

Heat up the coconut oil and sauté your onions, garlic, ginger and chilli for a few minutes until the onion is transparent.

Then add your spices and stir well, lower the heat, and continue stirring for a couple of minutes.

Now add the mushrooms and stir well. When they are cooked, add the remaining ingredients, except for the cashew milk, finishing off with the baby spinach that cooks within a few minutes. Now stir in the cashew milk. Taste for seasoning.

Serve with rice or roti or chapatis, and poppadoms. Enjoy!

Recipe from [Mouthwatering Vegan Recipes](#)

---

## Help Support JARR in our Work to Save Animals!

JARR's critical work to rescue and improve the lives of all domestic animals would not be possible without the support of our donors. Please join us in making a difference by making a donation to support JARR's programs by clicking [here](#).

To learn more about leaving a legacy gift, a bequest from your estate plan or a stock transfer to support JARR, please contact Rachael Poer, Director of Development- [rachael@jamesonrescueranch.org](mailto:rachael@jamesonrescueranch.org).

Shop with Amazon Smile to help support JARR's work.  
<http://amzn.to/2nhEVVo>

Thank you from the bottom of our hearts!  
Monica & David Stevens



---

*Copyright © 2018 Jameson Animal Rescue Ranch, All rights reserved.*

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

